

Health to the Rescue
presents

VITAMIN D

Be informed and
protect your family!



Nearly 90% of Americans have below optimal levels of Vitamin D

In 2017, a survey of over 6000 US adults showed that only 11% of people had optimal levels of this critical hormone/nutrient.



The bulk of the science about Vitamin D is less than 20 years old.

Even though 20 years might seem like a long time, the general public and most doctors have not seen research that has been published this recently.



Vitamin D is the "Immune System Vitamin"

While most people know that Vitamin D is important for healthy and strong bones, we now know that it plays a vital role in your body's ability to defend against pathogens.



Data from the front lines of COVID-19 looks promising

Vitamin D researchers have known for decades that Vitamin D may be able to prevent Respiratory Tract Infections. COVID-19 is a viral Respiratory Tract Infection.



Some populations are at a higher risk of deficiency.

Click here to watch Dr. Brandan Lee discuss the anthropologic reasons why your skin color may pre-dispose you to Vitamin D deficiency.



Myth: Sun exposure is enough

There is no doubt that healthy sun exposure is the best way to get your Vitamin D, but the reality is that most people are not spending enough time in the sun.



Fact: When you choose Vitamin D to the Rescue as your supplement, you are also fighting human trafficking.

We give \$5 for every bottle you buy to credible organizations that are making a difference in fighting modern day slavery.